

UK-Russia Security Relations: Talking to Understand





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The report is based on findings from the fourth round of the Russia UK Track 1.5 (non-governmental) bilateral security dialogue which RIAC held in collaboration with RUSI. This round of dialogue included discussions on four topics covering some aspects of the UK-Russia relations at the current stage: Maritime Security; Rules of the Information space; the Rise of Africa; Private Military and Security Companies. Despite the UK and Russia's difficult political relationship, there remains significant value in maintaining an open dialogue channel to allow the frank exchange of views and ideas.

The views and opinions of authors expressed herein do not necessarily state or reflect those of RIAC.

The full text is published on RIAC's website. You can download the report or leave a comment via this direct link: russiancouncil.ru/en/report55

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Introduction

This report summarises the findings from the latest round of the UK-Russia Track 1.5 (participants are non-governmental, but with some government participation at set times) bilateral security dialogue. The dialogue has been conducted jointly by the Royal United Service Institute (RUSI) and the Moscow-based Russian International Affairs Council (RIAC) for the past four years. This round of the dialogue involved four workshops that took place between September 2019 and February 2020. Two workshops were held in the UK and a further two in Russia. Each meeting was designed to bring together academics, the private sector, and former government officials from Russia and the UK to discuss issues of shared interest and to explore ways in which the two countries might improve aspects of their security relationship.

The UK-Russia dialogue was launched in 2016. This was during a particularly low point in UK-Russia diplomatic relations, and was preceded by the poisoning of Sergei Skripal and his daughter Yulia in Salisbury in 2018, which significantly damaged the bilateral relationship. Against this politically difficult background, the dialogue aims to maintain a channel of communication between the Russian and British expert and policy practitioner communities so that an exchange of views on sensitive security issues can continue.

While the Skripal case and contentious events such as the annexation by Russia of Crimea in 2014 and the conflict in eastern Ukraine were raised during the workshops, the aim of the meetings is to broaden the UK-Russia security dialogue to consider other issues, including identifying areas for potential bilateral cooperation. The Track 1.5 element of the workshop, where representation from the UK or Russian side is present for a portion of the day, ensures that the official perspective is included. Officials do not, however, participate in the workshop sessions, to ensure that discussions among participants are candid.

Previous iterations¹ of the dialogue have covered a range of geopolitical issues such as the Intermediate-Range Nuclear Forces (INF) Treaty, organised crime, terrorism, and the Middle East. This year, the workshops focused on the additional challenging issues of the economic opportunities in Africa; maritime security in the Arctic; private military companies, and the rules of the information space. This iteration of the project also broadened its activities beyond London and Moscow with an event on maritime security held in the Arctic city of Arkhangelsk, with the assistance of the Northern Arctic Federal University (SAFU). Convening the dialogue outside Moscow allowed the discussion to benefit from the knowledge of regional experts and to engage communities that are often overlooked.

As with previous project cycles, the workshops were designed to generate recommendations for the Russian and British governments, as well as to identify potential areas in which the private sector, academia and regional actors can contribute to the bilateral relationship.

Ferris E., Kortunov A. UK-Russia Security Relations: Talking To, Not Past Each Other // Conference Reports, 3 April 2019.

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1. The rise of Africa

The Russia-Africa summit was held in the southern city of Sochi in October 2019², which increased international interest in Russia's economic and political goals there. That summit touted the growing economic relationship between Russia and Africa and opportunities for increasing trade, but as became clear during the workshop discussion, neither Russia nor the UK seem to have an overall strategy towards Africa. Russia's Africa policy has been opportunistic and piecemeal, and it is not clear which ministry dictates Russia's policy in the continent. It was notable that this workshop did not involve the antagonisms that had characterised previous discussions over regional affairs. At the same time, while both sides recognised the potential to connect over the region, the path forward was not always clear.

1.1. UK and Russian approaches

The UK is in the process of developing its Strategic Africa initiative, which aims to expand the UK's regional network across a range of issues, including security, demography and climate change. Growing UK political representation such as representative offices opening in Chad and expansion of embassies in Mali all suggest a more meaningful engagement with Africa than the disbursal of aid grants. But the UK government has lost much of its institutional analytical capacity on Africa and many strategic partnerships there have eroded, leaving opportunities for other countries – such as Russia.

Theresa May's visit to Africa in August 2018 was the first visit of a British Prime Minister since 2013, and seemed to signify that there was something more behind the rhetoric of engagement. The visit was a reminder to May of how many relationships the UK had to build on; her selection of South Africa, Kenya and Nigeria to visit were all countries in which the UK has long-standing priorities. But the UK is still in competition with France and Turkey's governments who have made many more visits to Africa since 2010. Africa had always been more of an EU priority – which the UK had followed, but several UK participants maintained that post-Brexit, the UK's position on Africa may change. Russian speakers noted that there were few frictions between the UK and Russia's approach in Africa, and that while both countries had their own national interests, they were unlikely to be in direct competition. Russia is not guided by a doctrinal vision of the world in Africa, and pursues its own immediate interests. Russia is attempting to deepen its diplomatic relationship with African states, and Sergei Lavrov, Russia's Foreign Minister, frequently visits the region.

Russia is keen to broaden its economic cooperation across different fields, to ensure that it is not economically or diplomatically isolated. Many African states were represented at the Russia-Africa summit in October, and the presence of senior members of the Russian government highlighted the symbolic importance of this event. At the same time, few large-scale economic deals emerged. Russian

² Russia-Africa Economic Forum. Sochi, 2019. Roscongress. Building Trust. URL: https://roscongress.org/en/events/ekonomicheskiy-forum-rossiya-afrika-/

participants noted that Russia – alongside India and Turkey – was taking a more holistic approach to Africa, and attempting to engage both with the government and private sector.

During the Cold War period, the West and USSR's different ideological principles and geopolitical understandings meant that they were further apart on Africa. But a Russian participant contended that issues such as piracy in the Indian Ocean had largely been eradicated because of good cooperation between navies, which included Russian, Chinese and European partners. This indicated that there are areas in which Russia and Western partners can work together to address mutual security issues.

1.2. Soft power

The UK and Russia have different understandings of 'soft power' and how this works abroad. Russian participants noted that the Russian understanding of this concept is closer to 'public diplomacy' – a system of tools designed to achieve foreign policy goals. Rossotrudnichestvo is Russia's main public diplomacy agency in Africa, and works to promote Russian culture, and, higher education. Some Russian businesses such as RUSAL – an aluminium company – have corporate social responsibility schemes, including fighting Ebola by encouraging locals to be vaccinated.

The UK also has a range of methods through which it engages with Africa. Sharing a common language with many African nations is a significant advantage. The British Council is active there and has already established strong cultural ties between the UK and Africa. In recent years, it has become harder for African students to be granted visas to study in the UK, and many have sought educational opportunities elsewhere, including in Russia.

1.3. Security and terrorism

While participants noted that UK-Russia relations would remain politically challenging, they agreed that it was important to insulate Africa from the impact of this geopolitical competition. Participants on both sides maintained, however, that there was little appetite for the UK and Russia to cooperate on security and terrorism in Africa, mainly because of the difficulties involved in sharing information. This is because of issues around data protection laws in the EU and UK, as well as fundamental mistrust on both sides over how information may be used — an issue that this project encountered in previous cycles, particularly during the workshop on terrorism.

The Russian participants noted that counter-terrorism was central to Russia's cooperation with African countries, including intelligence sharing, military training and countering maritime piracy. They also noted that Russia does not have a terrorist organisation that it aims to counter in Africa – unlike its stated approach in Syria where the Islamic State is Russia's main target.

Russian participants maintained that their approach to African countries had been to focus on assisting them with counter-terrorism, as a way of promoting political

stability. They noted that this might be an easier approach for the UK to engage with Africa as well, rather than by promoting democratisation as a means of improving political stability. Despite human rights' failings in some authoritarian countries, Russian participants notes that this form of governance offers stability, in contrast to the western focus on democratisation, which is often a source of instability.

Participants agreed that there was room both for the UK and Russia to assist African governments in counter-terrorism without overlap. However, Russian participants noted that in Russia the concept of 'counter-terrorism' means something slightly different, as it includes extremism. Misunderstandings of terminology are a common issue in Russia's relationship with the West, and so being clear about what certain concepts mean to each side is very important. One British participant pointed out that focusing on extremism as a driver of terrorism in Africa may help to address the threat.

1.4. Business and the economy

Africa is attempting to diversify its economy, but it remains reliant on natural resources such as oil and gas, which are critical to its national security and therefore highly politicised. Foreign involvement in these industries can be controversial and needs to be carefully managed, but many African countries also require technical capabilities from abroad, particularly in sectors such as mining. Africa is still a minor player in the global energy market, in comparison with countries in the Middle East, the US or even Russia.

In some African countries, such as Tanzania, political transitions have impacted negatively on businesses – the new administration is now scrutinising licences awarded by previous governments, either to make a political point or genuinely to root out corruption. Foreign companies that forge close relationships with African governments can face reputational risks if a new administration comes to power

While the rate of economic conferences between Russia and Africa is increasing, often the event preparation is more important than the meeting itself. Although Russian companies are interested in international expansion to diversify their business portfolio, Russian participants claimed that some African governments have restricted Russian companies from operating before.

Russia's approach to Africa is not uniform, and it has comparatively less trade with places like sub-Saharan Africa in comparison with China or the EU. There is also growing competition from Turkey, India and the Gulf states. Participants also discussed the growing role of Turkey and its diplomatic charm offensive in Africa., such as opening new embassies and conducting numerous state visits.

1.5. Recommendations

Below are recommendations on possible ways to improve the UK and Russia's coordination in Africa that participants discussed at the workshop. Most of the recommendations are focused on the private sector, rather than at a government level.

Government level

- Scope for security cooperation: Russia currently has no multilateral institutional
 instruments through which it can engage other countries over Africa. The G7
 format which Russia used to be a member of could be a solution to this.
 There is scope for increased coordination between the UK, Russia and African
 countries through the UN.
- Approaches to state-building: Participants had discussed the role of African armed groups and state-building, including Russia's role in the peace deal in the Central African Republic. A UK participant maintained that deal-making of this kind was flawed, as it built peace by rewarding armed group leaders with political positions, effectively rewarding violence. However, a Russian counterpart disagreed, describing these deals as a way of ensuring that each community represented by armed groups was able to have some representation. Russian participants did not view these deals as excluding the wider population in the way that Western observers had, and saw it as the simplest way of cutting that part of the population into the state. This suggested that Russian actors see bringing imperfect interest groups into the state fold as one of the fastest resolutions to state-building and stabilisation.

Private sector

- Private sector information sharing: One participant pointed out that the challenges of working in certain jurisdictions could force cooperation between the UK and Russia foreign companies in Mozambique have already started sharing business intelligence to improve the operating environment. In Zimbabwe, by the end of the Mugabe government Chinese and Western companies faced similar difficulties and were able to share information usefully. UK and Russian companies feeling pressures on the ground could come together for information sharing and developing common responses, which might subsequently feed into the government-government relationship.
- Engaging through existing structures: Many participants agreed that making use of existing platforms such as the African Union and regional economic partnerships could set conditions for business competition across the region, rather than setting specific conditions for a certain country. Both the UK and Russia have learned lessons from their past experiences in Africa, and this would be a good forum to share them. Forums such as the G20 would be a good place to begin establishing rules of international economic engagement with the region.
- Joint ventures: Joint ventures between with UK and Russian companies in Africa in some circumstances could be effective. Participants noted that there may be scope for UK and Russian companies to cooperate before they begin an investment, rather than once they are already on the ground. It was suggested by Russian participants that Russia's lack of colonial history in Africa offered a clear reputational advantage over British counterparts. This colonial legacy may be less stark should a UK business set up a JV with Russian counterparts.

A Russian participant noted that Africa was a difficult prospect for small businesses, and that they tend to follow larger ones or identify a specific niche to operate in. Other opportunities included electrification — large parts of Africa lack electricity and need employment. UK and Russian businesses could provide this, while providing training and educating to help to solve infrastructure issues.

• Demographic opportunities and future trends: The broader discussion of demographics came up several times. A young and growing population in Africa could offer an economic opportunity for both the UK and Russia to tap into a nascent market. A faster growing population, which is also the main consumer of goods and services, could be a new platform for UK and Russian businesses to take advantage of. Other participants suggested that urban development and land management challenges could present an opportunity for the UK and Russia to work together. Care was taken to ensure that any kind of bilateral dialogue over Africa must include African representatives, as there have been issues in the past when trilateral formats have excluded them.

2. Maritime security in the Arctic

This workshop took place in the northern city of Arkhangelsk, which was selected as the location for the meeting because of its strong history of Russian-British maritime trade. A meeting in the city also offered the possibility of tapping into the regional expert community. The Northern Arctic Federal University (SAFU) kindly hosted the delegation at its premises and shared significant local insights into local Arctic issues. The topic of the Arctic had come up in several previous workshops as an area in which the UK and Russia might find areas of common ground. Arctic maritime security was, thus, selected as one of the four workshop topics. This workshop was characterised by a constructive atmosphere and generated multiple recommendations.

2.1. Understanding differences

Maritime safety issues, including in the Arctic, are subject to an intensive legal framework. Aside from the general provisions of the UN Convention on the Law of the Sea (UNCLOS), the seas are governed by several other international instruments, such as the Convention for the Safety of Life at Sea (SOLAS), the International Convention for the Prevention of Pollution from Ships (MARPOL 73/78), and the 1979 International Convention on Maritime Search and Rescue. Specific ways of addressing maritime safety issues in the Arctic are further enshrined in regional agreements or universal codes, such as the Polar Code which is part of the International Maritime Organization (IMO) and made obligatory through amendments to the SOLAS and MARPOL conventions. The Law of the Sea defines the specific rights and responsibilities of coastal and non-coastal flag states in maritime areas with different legal jurisdictions, such as territorial seas, exclusive economic zones, or the High Seas. Those regulations apply in the Arctic as in any other parts of the world.

In the UK, maritime safety is a civil matter led by the police, while the British military does not have law enforcement capabilities at sea, even if troops are deployed. The UK has a coastguard, but it does not have any law enforcement authority and acts as a coordinator with other agencies. For example, the UK's warships are involved in counter-narcotics in the Caribbean, working alongside US coastguard officers, who do have a law enforcement mandate there.

In Russia, the responsibilities for maritime safety and environmental security in the Arctic are spread among different agencies. While Ministries of Emergency Situations and Transport operate emergency response centres in the region, both the coast guard (part of the border guard under the Federal Security Service, FSB), and the Northern Fleet have responsibilities to provide maritime safety and environmental security along Russia's northern coasts.

At the time of the conference, an unarmed French naval support vessel had recently traversed the Russian Northern Sea Route (NSR). Some Russian participants claimed that there had been no adverse reaction from the Russian Ministry of Foreign Affairs to this incident and little diplomatic fallout, but agreed

that in response, the Russian Ministry of Defence had proposed a law that would require prior notification of any passage across the NSR by military ships. Both UK and Russian participants noted the potential for misunderstanding along the NSR, alongside some Russia's concerns that the use of the passage by military vessels could become more frequent.

2.2. Legal jurisdictions

There was some discussion on the UK side about whether UNCLOS, the law of the sea – a document of its time – was now fit for purpose, although renegotiating it at this point is likely to be a challenge. A Russian participant noted that UNCLOS remains the most important legal framework governing maritime issues in the Arctic. The few gaps in the regulation left over in the Arctic are addressed by additional instruments based on the UNCLOS framework, such as the Polar code, or the 2018 agreement preventing unregulated fishing in the Central Arctic Ocean.

According to workshop participants, Article 234 of UNCLOS does not indicate clearly which rules that regulate vessel traffic can and cannot be introduced. This article currently gives coastal states the right to unilaterally introduce and reinforce rules of navigation in ice covered waters, for the purpose of preventing marine pollution from ships. There is also no clear understanding about whether the Russian claim that the NSR represents a 'national transport route' has any legal consequences.

Russia is in the process of establishing the outer limits of its continental shelf in the Arctic Ocean based upon the provisions of Article 76 of UNCLOS, which allow Russia to define those limits based on the natural continuation of its continental margin, rather than as measured by nautical miles from the baselines. Russia has submitted its claim to the Commission of the Limits the Continental Shelf which overlaps with the claims by Denmark and Canada. In 2014, the three countries agreed on how to proceed with delineating their shelf if their claims are confirmed by the Commission.

In accordance with the Polar Code, in effect since 2017, commercial vessels and large cruise ships must be fit to operate in Arctic waters depending on ice conditions. The Polar Code has specific drawbacks, as it does not cover a whole group of vessels of a certain deadweight. The further elaboration of the provisions of the Polar Code are discussed in the IMO.

The impact of climate change on the region was debated at length. Participants noted that several questions remained, such as the impact of warming in the Arctic, which required new scientific expertise. Some of the more positive aspects of climate change were discussed, such as the easier navigation along the Northern Sea Route without icebreakers, which would increase the traffic along this route and make navigation more challenging. The Arctic Council has already established a forum on climate change – the Arctic Regional Climate Centre Network. The melting of permafrost is a serious issue for Russia, as this development threatens onshore drilling, coastal areas and homes in many northern Russian cities. The potential for climate change to unleash new infectious diseases was also discussed as a serious mutual concern.

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There are several legally binding agreements that have been drafted under the auspices of the Arctic Council to assist people and ships in distress The growth of political tensions between Russia and western countries has meant a lack of information sharing crucial to maritime safety and the prevention of accidents in the Arctic, for example facts such as where a vessel is going, or ice conditions at a particular time. This has revealed serious knowledge gaps which could be potentially dangerous for vessels operating in these waters.

2.3. China and the Arctic

There was some criticism of other players in the region, notably China, which has called itself a 'near Arctic state'. While there was disagreement among some Russian participants about the extent of Chinese policy in the region, some Russian members of the delegation claimed that China would need very clear wording about how it uses the NSR and its natural resources. UK and Russian participants agreed that it was important, however, to take into account China's vision of the Arctic from a military and a strategic perspective.

Although China currently lacks the military means and experience to navigate the Arctic region, it was clear that Russia and the UK view China's activities in this area as a potential security risk, even though a Russian participant noted China's lack of military interests or deployable capabilities in the Arctic. China's burgeoning icebreaker fleet was also discussed – tests of their new icebreaker were conducted in 2019. Workshop participants questioned why China would need such capabilities, which prompted some concern from those present. The USSR also used to be the main pioneer of research and development in the Arctic, a role that China appears to be taking on.

2.4. Working together in the Arctic

The Arctic Ocean is unique in its vulnerability, and its sea borders are not easily guarded. Participants on both sides agreed that the Arctic Council was one of the areas in which Russia, the UK and other countries cooperated effectively on environmental issues. One Russian participant pointed to the 2018 moratorium on fishing in the Arctic basin as a landmark for cooperation between the EU and Russia, and an indication that common ground can be sought on specific issues. However, post-Brexit, the UK's role in this process is likely to be diminished. However, some topics are beyond the Arctic Council's remit, including military issues, and national interests still might collide here, particularly over military exercises. Both the Russian and the UK participants voiced concerns about each other's military exercises on land and at sea.

It was noted that the NSR poses logistical challenges, as navigating in Arctic waters requires specialised equipment, training and preparation. Given the extreme Arctic conditions, Russia may have an opportunity to demonstrate leadership in developing safety protocols along this route. The Arctic shipping industry is also vulnerable to economic cycles and geopolitical changes. Container transhipment involves a significant amount of transport and shipments need to be delivered on time, which Arctic conditions can delay.

Russia has nuclear icebreakers that can provide safe shipping along the NSR. Arkhangelsk already has strong shipbuilding capacities, including multiple research and development centres and the United Shipbuilding Corporation, which brings together more than 40 businesses. There was some disagreement among Russian participants over the likely scale of cargo that the NSR could take – Russian President Putin has forecast around 80m tonnes of cargo by 2030, but it was agreed that the existing Russian fleet was not ready to achieve this level of trade.

2.5. Recommendations

- Signing up to an Arctic Code of Conduct: Russia will chair the Arctic Council in 2021-23. This could be a good opportunity to discuss the possibility of adopting the code, and for modernising the Council. This could include establishing thresholds for military activity in this region. Participants were, however, aware that negotiating an agreement between naval forces is a challenge. A lower-level set of guidelines would be much easier. A UK participant suggested that ships that do not abide by the existing Polar Code or a new Arctic code could be denied insurance, which might act as a deterrent although this would not apply to warships.
- Delineating specific warfare-free zones: One Russian participant claimed that
 there had been deteriorating confidence in military affairs in the region. It was
 proposed that specific anti-submarine warfare zones that restrict any military
 activity could be demarcated, which would de-escalate military tensions in this
 region. Russia's 2015 Maritime Strategy already supports the establishment of
 such zones in the Arctic and could serve as a good starting point.
- Specific scientific information sharing platforms: Information sharing can be commercially and politically sensitive. European and UK personal data protection regulations generally prioritise individuals over state security, making it difficult to share information with Russia. Moreover, the shortage of relevant data in the Arctic region, such as meteorological and hydrographic information relevant for safety is putting vessels in potential danger. A Russian participant proposed specific information sharing between Arctic countries, such as highlighting issues around coastal areas quickly, and using GPS systems.
- There is very little integration of scientific research data on the Arctic and
 its environmental conditions, but sharing data with Russian and Japanese
 meteorologists who already work together might provide more precise
 information on the Arctic. Universities could also cooperate on this, which might
 help to depoliticise the issue. Russia's Northern Federal University (SAFU) for
 example has systems on surveillance of the seas that could be shared with
 another British university or institution rather than between governments.
- Joint consultations on port infrastructure: Some of the NSR's key ports such
 as Dikson, Arkhangelsk and Tiksi can receive ships, but others lack repair or
 bunkering stations and require modernisation to respond to emergencies at

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sea. While these ports do have some search and rescue capabilities, their lack of vessels and equipment will hinder this. Russia already cooperates with countries such as Norway, Sweden and Denmark to conduct risk assessments over increased activity in the Arctic, which the UK could also contribute to. Russian participants noted that Russia has few deep-water ports and expanding this infrastructure would increase the competitiveness of the NSR. Without this expansion, the NSR may not be as economically viable as the government claims.

- Using naval anniversaries as an opportunity for cooperation: A UK participant
 noted that anniversaries of previously positive UK-Russian maritime cooperation
 could be used as a springboard for future coordination. An example of this
 would be the Arctic Convoys sea convoys from UK and other Arctic countries
 that delivered supplies to parts of the USSR including Arkhangelsk during
 the Second World War, demonstrating the UK's commitment to assisting the
 USSR.
- Dismantling nuclear submarines as a model for future cooperation: One
 Russian participant noted that the dismantling of Russian nuclear submarines
 since the late 1990s had been an example of what can be achieved with good
 political will. This had been a sign of positive cooperation between the UK and
 Russia the UK contributed to a multilateral programme designed to dispose
 of spent nuclear fuel and could form the basis for further work together.

In 2005 Russia offered to use the infrastructure established during that cooperation to dismantle decommissioned UK and US's submarines as Russia had the equipment and expertise, and there would be little risk of exposing sensitive information. In future France and the UK will both be obliged to dismantle retired nuclear vessels, and could cooperate with Russia on this task.. Civil organisations and the nuclear fleet could work together to assess the environmental damage of the submarines. However, there are currently few formal meetings between the UK and Russia which makes it difficult to regularly discuss these issues and plan towards the next meeting.

- Smaller dialogues between key figures: Participants suggested that a small group of senior figures on both sides could begin a maritime-focused dialogue between the UK and Russia. As mil-to-mil engagement, even on non-sensitive issues such as search and rescue, has become highly politicised regular meetings that are easy to attend, located on neutral ground such as a third country, would be a good starting point, with the aim of generating bilateral legally binding maritime agreements. Issues such as agreeing on ways to minimise pollution of the Arctic region could be discussed, for example agreeing not to use heavy fuel oil in the region.
- Establishing an understandable chain of command in an emergency: The UK and Russia lack a proper understanding of the resources needed to deal with future large-scale maritime accidents in the Arctic. Since the downturn in diplomatic relations with Russia in 2014, Russia is no longer a part of the Arctic Security Forces Roundtable which meets to discuss these issues, and

which the UK is part of. A collision between a tanker and an iceberg would, for example, create a situation that would require international assistance. There is also a need for better medical services and communications between civil emergency organisations operating in the Arctic, and for those organisations to better understand their separate roles in land, air and sea. Deeper analysis of the risks linked to poor communication and information sharing on oil spills is required. There also needs to be some standardisation of how the risks in the Arctic are calculated, although formal and informal institutional barriers, as well as the difficult political climate, remain a challenge to this.

Training exercises, joint communications, scenario-planning, and lessons learned were all proposed by UK and Russian participants as confidence building measures that the UK and Russia could conduct together, either bilaterally or involving a third party such as Norway. Russia already works with Norway on its annual Barents Sea search and rescue exercises, which the UK could be included in, or the UK and Russia could conduct joint training exercises in the North Sea. Both sides acknowledged that an understanding of each other's resources and management systems for emergencies could help to mitigate the risks of future incidents at sea.

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3. Private military companies

This workshop on Private Military Companies (PMCs) and Private Security Companies (PSCs) was one of the most challenging to put together, given the sensitivity of the issues discussed. Nevertheless, the workshop included a range of participants from the UK and Russia who had worked or were currently working in PSCs, as well as academics and journalists on both sides whose research focused on PMCs.

3.1. Definitions

PMCs are often cast in a malign light in the media reflecting their popular association with mercenaries. Workshop participants pointed out, however, that modern PMCs operate in very different ways are involved in a wide variety of security functions, including important non-kinetic support and logistical roles. One of the greatest differences between PMCs and mercenaries is that PMCs are often part of a corporate legal entity, rather than at the behest of a private individual. The definition of the word PMC was unpacked by both sides, and it was agreed that PMCs are not necessarily private – as they involve both private and public interests – sometimes are not military or a company. Instead, speakers suggested that it may be better to refer to PMCs as a 'service'.

The number of PSCs in Russia has increased in the past few years, and there are now thought to be around 700,000 people involved with them and their activities. Russian criminal law prohibits the creation of PMCs (but not private security companies) and the export of military services abroad. Russia's private security companies (PSCs) are engaged in protecting property and installing security systems, acting similar to a police service. PSCs are regulated by Russian law and are domestically focused, but PMCs usually operate abroad, which affects their legal status.

There are no specific laws on PMCs in Russia, even though there is a clear need for legislation. There have been three attempts to push a draft law on their regulation through the Duma, but one of the main sticking points is determining their transparent objectives. The Russian government is reluctant to pass this law because the status quo allows them plausible deniability, or the ability to deny knowledge or responsibility for their actions. However, when member of Wagner – the most famous Russian PMC – are killed in battle, their families do not have any legal recourse, cannot claim compensation or contact the police, as the victims have no legal status. To operate and avoid being penalized by Russian law, all Russian PMCs register abroad. However, this does not solve the challenge of regulating PMC activity effectively, but instead offers a legitimizing classification.

Russia's PSCs are involved in a range of security services, including guarding oil and gas fields, escorting convoys in dangerous areas, and guarding nuclear sites. Russian law defines what private security companies can do – they have the right, for example, to use tasers but not dogs. In contrast, PMCs are able

to use the full spectrum of weapons that the Russian Ministry of Defence uses, including drones and military aircraft. Conscription in Russia means that most men have some military experience, and PMCs tend to hire people with certain technical skills, similar to 'white-collar mercenaries'. For example, a PMC known as RSB group guards convoys and ships to protect against piracy, provides security training and is engaged demining in Libya on behalf of the government there.

Another issue is the diverging rhetoric on the status of PMCs from the government. Foreign Minister Sergei Lavrov maintains that he is keen to protect the personnel involved in PMC activity, but Kremlin spokesman Dmitry Peskov has stated that there was no official position on PMCs. There is clear rivalry over the process, which is preventing the government from agreeing on a legal definition. Putin has also in the past proposed a law on PMCs to train personnel without state involvement. Given bureaucratic issues in Russia, Russian participants noted any move towards legalizing PMCs would mean that companies would require years to be fully compliant.

3.2. Wagner

The most internationally recognized Russian PMC, Wagner, operates as a commercial organisation and like a commercial structure they require multiple clients they can offer their services to; the government is their main client. It is involved in government tenders to purchase uniforms — no other PMCs in Russia have this level of access, and perhaps as a result many individuals from other Russian PMCs have left to join Wagner. However, Wagner is trying to compete with other PMCs for attention from the authorities and is eager for access to financial resources.

One UK participant noted the danger of over-focusing on Wagner's activities, which might allow other Russian PMCs to blame any of their own wrongdoing abroad on Wagner. One Russian participant noted that Wagner is essentially an umbrella company for many smaller factions, and the entire private security market has undergone a restructuring, in which oversight has moved from the MoD to the National Guard. This has prompted a new level of engagement by the public and media about PMCs' operations and services.

3.3. British perspective

British law does not allow PSCs to engage in combat abroad. They perform services such as unarmed defence, guarding of VIP convoys and as risk consultancies. They are constantly under audit and if they are found in breach of a contract tend to be duly penalized. In the UK, PSCs are used on a case-by-case basis and decisions on their use overseas usually have ministerial clearance because of its security importance. However, during tenders for Ministry of Defence contracts, subcontractors must state whether they will apply the principles of these frameworks.

Clients of British PMCs and their services tended to encounter situations where they required temporary rapid expansion of capabilities, but where it was not financially prudent to invest in a long-term army. Security protection is carried

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out by state agencies such as armed nuclear constabularies, and in other countries this may be outsourced. The UK government spends around £50m annually on what we would call PMCs, which are involved in security and stabilisation activities in Africa, the Middle East and Afghanistan.

British PMCs were often used when the UK found itself operating in countries where it lacked the support of the local regime, and could not rely on military force. The UK does not use PMCs to topple these regimes, but to protect other missions that are there. The UK's official view has been for the PMC industry to self-regulate rather than be subject to government regulations, so that there is a drive from within the market to maintain standards. However, there was some disagreement on this point among UK participants, who argued that self-regulation was devaluing the nature of the regulations that already exist.

UK PMCs are active in non-kinetic areas such as cyber security, where they are subcontracted to assist with information warfare or strategic communications. The UK government may indirectly fund PMC activity even if it is not directly commissioned by them, and higher-end PMCs are used by British-owned or based corporations. The UK government is permissive as well as regulatory, and defines the space and terms in which the company operates.

There is a broader question around direct engagement and indirect facilitation – the debate within government about the role of PMCs and whether it should be taking soldiers into these roles. Previous British governments have dabbled with regulation but few have definitively decided what the extent of the projection of British security abroad should be. The only UK PMC that has conducted offensive operations in Africa is Executive Outcomes, now defunct. Most others are private security companies that have a commercial perspective and support entities that are not necessarily the state, supplying protective rather than offensive services.

Russian participants queried why so few British private security companies were part of international codes of conduct. While the UK position was that these companies that work for the MoD have signed up to the code, some companies not working for MoD have not. These companies are viewed as being a cost-efficient way of operating in different environments. The activities of a little-known British PMC known as KMS Limited (Keenie Meenie Services) were discussed. KMS performed a variety of functions abroad in the 1970s, but some of its members were subsequently implicated in crimes. This prompted discussions in Whitehall about how 'mercenaries' should be defined, and how this could impact British government interests.

There is a difference in the personnel that tend to be employed by UK and Russian PMCs. In Russia, many of those working for PMCs have joined for idealistic – and occasionally nationalist – reasons, others are industry professionals and others are looking for better income. In the UK members of PMCs tend to be military professionals, or former military police officers. One British participant noted that the West has become so reliant on PMCs that it has become impossible to bring these capabilities back in house.

3.4. Maritime domain

UK PMCs also operate in the maritime security domain, outside of the territorial waters of any state. They supply arms security to protect ships in the Indian Ocean. There is some regulatory framework on land, but the sea is much harder to regulate, as the barrier to enter the maritime domain is lower. Flat chains of command, decisions made by juniors and little oversight all make this a much more dangerous operating space. There are some regulatory standards imposed by international maritime organisations. There is also an escalatory set of rules in place that allows armed security guards to react to a threat in a step-by-step way that ends in the use of lethal force. But the UK's navy is diminishing and cannot enforce its legislation on flagged ships or inspect security teams there. The only scrutiny over their operations comes from the clients who have hired these PMCs.

3.5. Recommendations

- Reworking existing regulations: International and national law is currently insufficient to regulate the services that PMCs offer. Countries have different views on what a 'mercenary' is, which makes it harder to find common ground. The strictest regulations are in South Africa, which make it illegal for any company to engage military-style activities abroad. Russian and UK participants agreed that the Geneva Convention on mercenary regulations is an antiquated legal checklist from the 1970s and impossible to fulfill from a legal standpoint, so needs to be reworked. A Russian participant proposed signing up to the Swiss initiative. where 60 states have joined forces to self-regulate. UK and US PMCs already self-regulate, and while self-regulation can be successful for licensing procedures, it is not clear whether this framework can deliver justice in the event of misconduct. It was agreed that licensing of companies, personnel and contracts should be the responsibility of the home state. One UK participant noted that greater accountability should be assigned to PMCs themselves, so that they are recognized as actors under international law – such as states and international organisations-, ensuring that they bear corporate criminal responsibility.
- Further joint regulations: There are existing regulations that govern PMC activity, such as the UN Convention of 1989, but only 41 countries have signed it, and neither the UK nor Russia are signatories. A Russian participant noted that in 2012, the UN expert group on private military and security companies issued a report and recommendations, many of which are still valid and could be used as a basis for further discussion. There is also a requirement for UK based companies to operate in accordance with UK law, such as anti-bribery laws in high-risk environments. This anti-bribery framework, and the UN expert group's convention, combined with Russian regulations under the umbrella of the ICoC, could help both sides to move toward an agreement on PMC regulation.
- Signing up to an international code of conduct: Some participants agreed on the need to adopt the independent Montreux document³ an intergovernmental

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³ The Montreux Document on Private Military and Security Companies//International Committee of the Red Cross. URL: https://www.icrc.org/en/publication/0996-montreux-document-private-military-and-security-companies

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but non-legally binding document for PMCs and PSCs, designed to respect international humanitarian law. Participants noted that this would promote voluntary membership, although the monitoring and enforcement is difficult, particularly when subcontracting services to local nationals. A UK participant pointed out that there could be networks of regulations in place with multiple stakeholders to promote accountability. In maritime security, standards would prevent human rights abuses at sea and ensure the proportionate use of force. However, national interests are always likely to trump the international consensus.

• De-escalation rather than regulation in the event of wrongdoing: Civilians require a body to complain to in the event of wrongdoing by PMCs. A Russian participant noted that things tend to go wrong when companies subcontract staff who are not properly instructed and do not speak local languages. There is a lack of understanding between PMCs and their victims over who should be responsible in the event of wrongdoing — the home state, or the client who signed the contract. Another Russian participant suggested that given the variety of functions of modern PMCs these organisations would best be identified as a third category — so neither as civilian nor military. It was agreed that international criminal law should apply to PMCs to hold them accountable.

4. Rules of the Information Space

This session was the most challenging, given disagreements between the UK and Russia about one another's depictions in the media. Efforts were made to reduce the use of buzzwords such as 'fake news' from the agenda, to ensure that these did not obstruct the constructive aim of the discussion. The workshop included debates about how to verify news sources in a fast-moving digital age, and the impact that false narratives have on government policy.

4.1. False narratives

The promotion of false narratives by state and non-state groups has challenges the rules and conventions of the existing information space. In a digital age where everyone is able to disseminate information quickly around the world, verifying sources and the truth behind a sensational story is becoming extremely difficult. Establishing truth in a modern society is central to international relations; if basic facts cannot be agreed, then there is little basis for trust between the UK and Russia. However, striking the right balance around the importance of freedom of information and censorship is very important. In Russia, the government has much more control over the media, but there needs to be a common denominator for political systems that imply different approaches to media and the state.

Despite much hype about the dangers of false narratives, there have always been communities on and offline that have gathered and found forums to discuss the news, and political processes. One UK participant cautioned about the overstating of the importance of 'fake news'; the amount of news shared does not always correlate to influence, and so the numbers of tweets or news stories do not necessarily tell us anything about the importance of a source or story. Moreover, access to technology can be a positive force, as it means that power is shared and no longer monopolised by the state, increasing the number of voices in the public domain.

One important point made by a UK participant was that the term 'fake news' has been increasingly applied to opinions that people do not like. This is a particularly salient issue in the UK-Russia relationship as it can be the basis for misunder-standings. A different opinion does not necessarily mean that the view is incorrect.

The importance of intent was also discussed. In certain contexts information is not published by journalists owing to editorial decisions, although this is not intended to misinform or mislead. Conflicts driven by non-state actors have made reporting more difficult, as media are used to dealing with governments that have institutional responsibilities, and it is not clear which narrative is closest to the truth or whom to blame if the news turns out to be false.

It was agreed that conspiracy theories in the media tend to operate in an echo chamber of what people already believe. Russian participants discussed the issues of overcoming the Soviet-era legacy of a single opinion, where anything

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contrary to that stated view is false. While false information is poisoning institutions and international relations, recognising different perspectives can be a useful starting point to address UK-Russia polarisation on specific issues.

4.2. Regulatory processes

The UK has an inconsistent approach to media regulations, and broadcasting has an interventionist approach. The BBC and Channel 4 are publicly owned. They are regulated by Ofcom – the Office of Communications, a UK government-approved agency – and are required to report the news objectively, but the BBC also has other objectives such as reflecting the diversity of the country, Channel 4's priorities are serving minorities. The printed/written press has minimal regulation, and papers are not required to fulfill public duties – they tend to self-regulate but public inquiries have claimed that this is ineffective.

Russian participants claimed that most people do not trust the media, and that the media has historically been the gatekeepers of information that keep fringe ideas off the pages. People tend to choose media that represents their views, which creates an echo chamber of repeated views. Limits about freedom of speech online in places like the US tend to be around protecting children or national minorities. In Russia, this discussion is about the battle against online extremism. Alternative opinions in Russia are not given much funding or prominent platforms.

4.3. New uses of media

Journalists always use the data that is most available to them – interviews, court reports, firsthand accounts – and technology has changed this; Open source investigative journalism outlets such as Bellingcat receive much of their information from social networking site Telegram, Amnesty International has a digital verification procedure in which lawyers help them to uncover human rights abuses, and the Dataminr initiative – an information discovery company – brings data together to help verify stories. Tweets are quick sources of information which mean that everything has an online trace, making it much easier to track the genesis of an idea. Satire can also play a role in the false narrative process, Generators of this content are aware of its satirical nature, but some users may not be, and share it believing it to be real.

Participants discussed how easy it was to share these narratives unknowingly, as repetition is effective even if a correction is later issued. Russia has a law on 'fake news' – usually under the umbrella of extremism laws – that fines online users for sharing false content, although this was not proposed as a viable way forward in the UK.

The role of celebrities was also discussed, who promote certain narratives on social media to users who trust them. In Russia, the fire at the Winter Cherry shopping mall in Kemerovo was used as an example where celebrities had shared information on social media about the numbers of victims killed, which had increased panic.

4.4. Recommendations

Although this workshop was the most contentious, it nevertheless generated the greatest recommendations to journalists, the government and consumers of content. British and Russian participants at first appeared to be far apart on many issues, but there were nevertheless important points that they were aligned on, particularly the idea that the responsibility for false narratives was one that needed to be shouldered by the entire community, rather than the sole burden of the government or media agencies.

- Addressing 'deep fake' news: The future of false narratives is likely to be faked
 audio and visual footage. A Russian participant proposed that IT specialists and
 journalists could combine forces to try to verify sources and how to anticipate
 them in future. Attaching links to news sources so that people are more easily
 able to check sources would assist with this.
- Internal media regulations for better reporting: Russian news outlets such as Vedomosti have internal regulations that prevent them from reporting based on just one source, as do many UK outlets, but other news agencies who are pressed for time when reporting on a breaking news story do not. A UK participant maintained that fewer journalists than before are calling up sources to verify them, and that best practices should be disseminated more widely in the journalism community.
- Bilateral media agreements between UK and Russian agencies: There could be specific agreements established between agencies such as the BBC and TASS in Russia on media regulations, which would somewhat help to depoliticise the debate around false narratives. There is currently no responsibility for knowingly spreading false narratives in the media. Journalists, the government and opposition groups should come together to try to address this and to set up a code of conduct that would hold people liable for knowingly spreading false narratives, similar to legal frameworks in cyberspace.
- Participants agreed, however, that countering false narratives is a job for everyone, including educators and consumers of news, policymakers and news generators. The European Committee for Standardisation set up the Journalism Trust Initiative two years ago, which included norms and principles of how to behave in the media space. It was suggested that the UK and Russia could sign up to a similar format to build confidence between each other's journalism communities.
- Involving celebrities: Celebrities have a role to play in sharing false narratives, and a Russian participant proposed that online influencers should be able to shoulder the burden of responsibility for this as well. Media agencies and the government should also work with celebrities with significant online followings to improve their media literacy and awareness of the dangers of sharing unverified stories online.
- Confidence building measures: Notwithstanding a very difficult political climate at the moment, one UK participant proposed a cooperative initiative to counter

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current information warfare dynamics whereby UK and Russian fact checking sites could focus on correcting false narratives within their own countries about the other country. This would attempt to counter accusations around British media biases against Russia, and allegations of anti-Western rhetoric in the Russian media.

- Peer review process: A Russian participant noted that in the academic community, false research and test scores were a perennial issue. While it is a smaller community, many peers in the field know each other and are able to verify scholars' identities. It was suggested that this process be broadened out to include the media space, although this idea would naturally slow down the fast pace of journalism.
- Media literacy programmes for content consumers: There has been little emphasis on improving users' critical thinking and psychology about articles that they view and share online. There are ad hoc media literacy programmes in UK schools run by the BBC. Russia has some media literacy classes, but there is a lower level of media education and critical thinking. Improving this critical thinking both in the UK and Russia would help users become more away of the content they are viewing. The way in which stories are presented is extremely important whether it is narrated as a fact or presented as an unverified question. All of this would help media audiences to consider perspectives more carefully rather than agreeing to an already-decided narrative.
- Refocusing on cultural aspects of the UK and Russia as confidence building measures: Although there was significant disagreement on how one another's countries were portrayed in the press, a UK participant noted that a possible explanation for this was a lack of understanding. In the UK, there is little general interest in Russia and debate tends to focus on times when Russia impinges upon British interests, which has led to a more politicised discussion about Russia. During the Soviet period, British journalists were deployed to the USSR specifically to cover cultural issues and broaden the debate, so the media was not responding to single events. It was suggested that confidence building measures could allow journalists to cover less politically charged aspects of one another's countries.
- Reclaiming public trust: One Russian participant also noted that growing public
 distrust of the media will mean that the media will be obliged to reassess its
 role, and return to a traditional role of informing the public, rather than shaping
 opinions or concealing facts that editors deem irrelevant. Reclaiming public
 trust is likely to be the most important step in both UK and Russian attempts to
 counter false narratives; if readers and viewers believe that the traditional media
 is generally acting in good faith, they are less likely to seek out alternative and
 occasionally fringe beliefs.

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